



*Parent*Handbook



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**SPORT
ENGLAND**



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Welcome

Firstly a big welcome to MTB Guisborough, we aim to provide a fun and safe environment where your child can enjoy riding their bike, make new friends and amaze you with their new MTB skills.

This handbook aims to provide you with all the information you need about the club.

Welfare

Child protection policy

We believe that MTB Guisborough offers a child-friendly environment, in which young people can safely enjoy mountain biking. Because we want to keep it that way, we have made a commitment to implementing the British Cycling Safeguarding and Protecting Children policy.

Sadly, in this day and age, we are forced to face up to the reality that in all walks of life there are adults who prey upon children. Evidence shows that, although relatively few, some of these have in the past identified cycling as presenting opportunities for them to do so. No activity that involves young people can afford to be complacent.

However, our intention at MTB Guisborough is not to alarm people, but to address the risks in a measured way by doing what is reasonable to reduce them. To that end the club has produced a Safe Guarding Policy document detailing the way in which we implement the British Cycling Safeguarding and Protecting Children policy. A copy of this is on the MTB Guisborough website and is available on request. A version of this prepared specifically for our junior members is included in the rider handbook and we encourage you to read it with your child and ensure he or she understands what it means.

The Child Welfare Officer

The Child Welfare Officer with responsibility for the young members is **Andy Tennyson**. He will:

- Act as the first point of contact for the reporting of Child Welfare and Protection concerns
- Help and safeguard young people by assisting in the promotion and implementation of the British Cycling Safeguarding and Protecting Children policy at a Club level
- Assist in the raising of awareness of others at the club in respect of Child Protection
- Uphold confidentiality, as far as is practical in all Child Protection matters
- Liaise with the BC Child Welfare Officer when appropriate

Parental responsibilities

In order to ensure the safety of participants and smooth operation of the club we ask that parents:

- Complete a Rider Information and Consent form for their child before they can participate in any activities. This form can be completed online (club.mtbguisborough.com/juniors) or as a paper copy. We cannot take a rider out unless this form is completed.
- Ensure safe travel of participants to and from the ride start/end point (parents may indicate in the consent form if their child is permitted to travel home unaccompanied).
- Ensure that any change in the circumstances (e.g. recent illness, medication or injury), which will affect participation, will be notified to the mountain bike leader prior to the ride.
- Ensure that participants are correctly kitted out. (see 'Kit Checklist' in the Rider Handbook)
- Inform club of any cancellations ASAP. (coaching@mtbguisborough.com)

Activities

The club generally offers activities from April to November. These consist of regular week night juniors rides during term time, and weekend rides every two weeks during the summer holidays and autumn term. In addition to this coaching sessions and 'away-days' are planned on an as and when basis.

The latest ride calendar, ride information and booking details can always be found on 'Juniors' page on the club website:

club.mtbguisborough.com/juniors

Booking

Advance booking is essential for weekend and 'one-off' rides – a booking link will be provided from the ride calendar

club.mtbguisborough.com/juniors

Evening activities during term time don't need to be booked (but please contact us first if your child hasn't attended before).

Costs

The club is a non-profit volunteer organisation. Membership and ride fees help fund the club's activities.

Membership

We ask that riders who are regularly attending rides should be members of the club. Current membership rates and details of how to join are available on the club's website:

club.mtbguisborough.com/membership

Ride subs

Riders are asked to pay a small fee for each activity attended to cover the costs of delivery. The fees vary in accordance with the length and location of the activity and are kept as low as possible. Fees are detailed in each ride's description in the ride calendar:

club.mtbguisborough.com/juniors

Communications

How the club will contact you

Important info (e.g. ride cancellations or changes) will always be communicated to parents via SMS text message in the first instance. It is therefore very important that you provide the club with the correct number via the rider information and consent forms. If you change your number please email: secretary@mtbguisborough.com

Contacting the club

For ride cancellations and ride or coaching info:
coaching@mtbguisborough.com

For membership or administrative queries:
secretary@mtbguisborough.com

For welfare issues:
Andy Tennyson, Child Welfare Officer (01287 771116)

Cancellations

From time to time we may need to cancel rides due to adverse weather conditions - this generally means ice and snow - please note that with mountain biking rain does not stop play but it is therefore very important that all riders are appropriately kitted out for the weather. In the interests of safety we reserve the right to refuse participation to riders whose bike or equipment is judged to be inadequate or dangerous (please see the kit checklist elsewhere in this handbook for further details).

Insurance

All official rides are insured in respect of legal liabilities (third party liability). However, participants have no personal accident cover. It is the parent's responsibility to arrange for any extension of insurance cover if required.

Data protection

MTB Guisborough respects individual privacy. The club obtains and processes "personal data" (as defined by the Act) for the purpose of administering its functions as a Community Amateur

Sports Club and under relevant legislation. In addition, MTB Guisborough may use information for the purpose of fulfilling its statutory responsibilities under the Data Protection Act 1998. Information will be kept secure and confidential and will only be disclosed to those parties who have a legal and legitimate need to know.

Get involved

Join a ride

We actively encourage the involvement of parents and you are welcome to join the rides if you want to - and more importantly if your child doesn't mind! Please note that the leaders don't take responsibility for parents who join the rides - so if you get a puncture you'll need to fix it yourself! Also for insurance reasons we can't provide transport for parents.

Help out

The club is 100% run by volunteers and we're always looking for good people to get involved. If you're interested in helping out or even completing a coaching or leading qualification then please get in touch.



club.mtbguisborough.com